

A HANDS-ON COURSE

FIBREDONTICS – Direct and Indirect Restorations

A Cost-effective treatment option in the current economic climate

Fibredontics will provide excellent aesthetic results and will stimulate your interest in dentistry a fresh.

Dr Jansie van Rensburg and Cosmetic Design

Sponsored by FibreBond Ltd., Stictech Ltd., GCUK Ltd. and Cosmetic Design



Dr Van Rensburg lectured at numerous International and National Dental Congresses, Study Group Meetings, BDA (British Dental Association) meetings and post graduate centers throughout the UK and Europe (including Germany, Norway, Finland, Poland and Spain and Bulgaria). He published a number of articles including a peer review article published in the SADJ (South African Dental Journal), February 2005, on Fibre Reinforced Composite Restorations.

Cosmetic Design: Mr Richard Prescott has a wealth of experience with the indirect FRC restorations. He has done several courses in the everStick fibres and he has recently attended a 2 day course, together with Dr van Rensburg, in Turku Finland.

Aims & Objectives

The object of this course is to provide dentists the knowledge and practical skills to offer patients a range of exciting, technologically advanced treatment options. The techniques to be taught are minimally invasive, metal-free, aesthetically pleasing and patient-friendly. They are, moreover, highly cost-effective which is something of increasing importance in the current climate

Great emphasis will be placed on the hands-on element of the course and through their handling of the fibres delegates will obtain the confidence and skills they need to use fibre technology to:

1. -effectively treat the periodontally hopeless tooth using the extracted tooth as a pontic
2. -construct an indirect laboratory manufactured anterior bridge (similar to a Maryland bridge using tooth coloured fibres instead of metal).
3. -construct a durable and aesthetic fibre-reinforced indirect composite crown.

This course differs from previous Fibredontic courses in the sense that it will focus more on the indirect applications of the Stick® and everStick® fibres. The advantages of indirect composite restorations will be discussed and delegates will learn how it is done in the laboratory and also how to effectively fit them in mouth.



Comment by previous delegate: "Clear, concise, practical advice which I could put to use straight away."

PLACES ARE STRICTLY LIMITED TO 14. Book early to prevent disappointment (see booking form)

Programme:

08h45: Registration, refreshments and exhibition

09h15: Module 1: (Splinting an extracted tooth into the arch)

- **Lecture:** Step by step instructions of the technique will be given with emphasis placed on how the extracted tooth is prepared and bonded back into the arch. Delegate will be shown how the popular Gradia Gum Shade composites be used to obtain the most aesthetically pleasing result. Real-life clinical cases will be presented to illustrate the technique. T
- **Demonstration:** The technique will be demonstrated using a tooth splinted into place on a pop model.
- **Hands-on session:** Delegates will practice the same splinting technique themselves.

10h30: Discussing the Stick® and everStick® Fibres

In this section we shall cover –

- History and development of fibre dentistry
- An overview of the many applications of fibres in modern dentistry
- The splinting of mobile, periodontally involved teeth

11h15: Tea/Coffee

11h45: Module 2: (The indirect laboratory manufactured FRC bridge)

- **Lecture:** During this lecture we shall cover several topics including design principles, the different fibre frame designs and how to construct a pontic. Both the direct and indirect construction of FRC bridges will be discussed. Cementation of the indirect restorations with a dual cure resin cement will also be part of this module.
- **Demonstration:** The dental technicians from Cosmetic Design will construct the Maryland –type of bridge on a POP model using the Gradia Indirect laboratory composite
- **Hands-on session:** Delegates will practice constructing their own indirect composite bridge and have the opportunity to handle the different fibres and also construct the pontic with the direct or indirect Gradia composites.

13h00: Lunch

14h00: Module 3: (The fibre reinforced, **indirect**, composite restorations)

- **Lecture:** The indirect laboratory restorations (crowns and bridges) are discussed in detail. Step by step the delegates will be shown how the fibre reinforced composite crown is constructed . Cementation of the indirect restorations will be discussed again.
- **Demonstration:** Constructions of the the fibre reinforced composite crown by the dental technicians
- **Hands-on session:** Experience the satisfaction when building up your own FRC crown on a sectional POP model.

15h15: Tea/Coffee (10 Min) (during module 3)

16h30: Conclusion Lecture covering:

- Useful tips regarding the everStick Fibres
- A summary of important facts about the fibres
- Information on what and where to order

17h00: End

Booking Form: Fibredontics 2

Date: 9th December 2011

Time: 08h45- 17h00

Venue: Cosmetic Design
Greenwich House, Peel St
Maidstone
Kent
ME14 2BP

The fee per delegate is **£150.00** (Sponsored by FibreBond Ltd., Sticktech Ltd GCUK Ltd. and Cosmetic Design) and includes:

- All refreshments and buffet lunch
- **Training manual and comprehensive CD**
- All materials and instruments for the use during the course
- **6 hours CPD Certificate**

Please bring along your own composite curing light!!!!

Please **reserve** my place(s) on the **Fibredontics Hands-On-Course 2**

Applicant's Name:1.....Title:.....

2..... Title:.....

Address:.....

.....

Postcode:.....Tel no:.....Fax no:.....

Email:.....

I enclose a cheque made payable to Cosmetic Design. for £.....

Signed:.....Date:.....

Please return Booking Form and cheque to:

Cosmetic Design
Greenwich House, Peel St
Maidstone
Kent
ME14 2BP

Email: cosmeticdesign@hotmail.com
Tel no: 01622 686919
Mobile:
To book online: www.fibrebond.co.uk

